

SURVIVOR SUPPORT PROGRAM

8 WEEK CLOSED GROUP DATES



UPCOMING GROUP (VIRTUAL)

8-week Group, Mixed Loss:

Beginning March 4, 2026
Wednesday Evenings
6:30pm-8:30pm

Next Chapter - Longer Grief - FULL

Beginning February 10, 2026
Tuesday Evenings
6:30pm-8:30pm

FOR MORE INFORMATION, PLEASE CONTACT:
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Distress Centres
of Greater Toronto