

# **SURVIVOR SUPPORT PROGRAM**

## **8 WEEK CLOSED GROUP DATES**



### **UPCOMING GROUP (VIRTUAL)**

#### **8-week Group, Mixed Loss:**

Beginning March 4, 2026  
Wednesday Evenings  
6:30pm-8:30pm

#### **Next Chapter - Longer Grief - FULL**

Beginning February 10, 2026  
Tuesday Evenings  
6:30pm-8:30pm

**FOR MORE INFORMATION, PLEASE CONTACT:**  
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**Distress Centres**  
of Greater Toronto